



## Session Submission Checklist

With each session, you need to supply a written case study. This demonstrates your ability to formulate a case, conceptualize the problem, isolate and handle aspects, and how you decided what to utilize to move the client. The outline to present your written case is in the AAMET guidelines on [www.EFTcert.com/requirements](http://www.EFTcert.com/requirements).

- At least one entire session on video (or in-person) – Please review the helpful guidelines on the requirements page. This same client must also fill out the Client Questionnaire.
- Two additional entire sessions – these can be video or audio.
- Below are specifics in what I am looking for. Please submit the time code for each portion you want me to see. For example, if you want me to see where you used humor to reframe, show a few rounds of EFT before you utilize the reframing.

Which Session and what time code for:

1. Explanation of EFT to your client- how you build the bridge
2. How you explain and demonstrate the points
3. Disclosure of practitioner status (if unlicensed)
4. Formulation of the Set up statement
5. Preframing
6. How you isolate and work with aspects
7. How you use the SUD scale
8. What you do when the SUD are not moving
9. Questions you use to find core issues/Use of probing questions
10. Use of Rapport
11. Use of Intuition
12. Use of the 9-gamut routine
13. Example of working with the body's physiological response
14. Example of using the client's exact words
15. Use of humor if applicable
16. How you move into using positive/choice statements with set up and reminder phrasing
17. Chasing the Pain
18. Use of The Movie Technique (or use of the movie technique in Matrix Reimprinting)
19. Use of a Tearless Trauma Technique
20. Example of testing
21. Closing the session

[www.EFTcert.com](http://www.EFTcert.com) | [www.HowToTap.com](http://www.HowToTap.com) | [www.MatrixReimprintingUS.com](http://www.MatrixReimprintingUS.com)

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